Dear

I refer to the request that I undertake the work of striking colleagues.  I do not agree that the changes that you are proposing, which are beyond my contractual obligations, are necessary or appropriate.

Furthermore, my terms and conditions of service (Schedule 3, para 3) state that I am expected to ‘’cooperate with reasonable requests to cover for colleagues’ absences where … it is practicable to do so’’.

My current working arrangement is ………………………(insert as appropriate) However, you are now directing me to change this arrangement to ……………………………..(insert as appropriate)

For the following personal reasons (please insert as appropriate) \*, this request is not practicable for me to comply with due to personal factors.  On this basis, I am refusing to undertake the work I have been directed to cover and will contact my union, the BMA, to register my refusal to undertake this work.

\*Some examples of practical or personal difficulties could include childcare, eldercare, disability or health related issues, travel difficulties.