



BMA

Join the BMA Reps and Activist Network!

Organise | Recruit | Empower



British Medical Association
[bma.org.uk](https://www.bma.org.uk)

Are you passionate about improving the workplace for doctors and ensuring members' voices shape the future of our union? The **British Medical Association (BMA)** is calling for motivated members to join our team as **BMA representatives and activists**.

We offer three pathways for active involvement depending on your interests, availability and commitment.



Who Can Become a Rep?

We welcome all members who are ready to take on key roles in supporting your colleagues and influencing workplace policies. Choose the role that best suits you and your needs:

1 BMA LNC Reps

Role: Take a leading role in representing doctors as part of the core Local Negotiating Committee (LNC).

Commitment: Active participation in LNC activities, including pre-meetings and joint management meetings (JLNC).

Training: This important role will receive face-to-face training and paid time off work to attend training and participate in meetings.

Responsibilities:

- Act as an accredited BMA representative for your workplace and our local members.
- Participate in negotiating better local workplace policies.
- Campaign to improve the local working conditions for doctors
- Assist doctors in raising and resolving local issues.
- Encourage doctors to join the BMA and increase our collective strength.

Ideal for: Members ready to take on a core representative role with full LNC training and support.

2 BMA Workplace Activists

Role: Be the voice of your colleagues as a workplace representative and champion local campaigns and initiatives.

Commitment: Flexible involvement – no need to join the Local Negotiating Committee (LNC) or attend regular LNC meetings.

Responsibilities:

- Support BMA campaign activities, speak to members and arrange local workplace meetings.
- Advocate for colleagues and highlight any workplace issues to LNC reps.
- Encourage doctors to join the BMA and increase our collective strength.
- Complete online training to gain accreditation for paid time-off and trade union rights.

Ideal for: Members who want to make a difference and support the BMA campaigns but choose not to/are unable to join the LNC.

Members who are involved in a BMA Branch of Practice committee or other areas of the BMA and would like their activism recognised.

3 Active BMA Members

Role: Stay connected and engaged with the BMA and our campaigns without formal accreditation or training.

Commitment: Participate in activities at your own pace and determine your level of involvement.

Responsibilities:

- Be a BMA pay activist for your grade.
- Provide feedback to the LNC reps on workplace issues.
- Share BMA communications and information.
- Support campaigns and encourage new members.

Ideal for: Members who want to stay involved but prefer a more informal level of commitment.



Why Become a BMA Rep or Activist?

If you're still unsure, here are some great reasons why you should:

- Be part of a BMA team 'winning in the workplace'
- An opportunity to make positive change to the lives of your colleagues
- Help to build a strong union
- Influence policy and working conditions locally, regionally, and nationally
- Become a workplace leader and develop your leadership skills
- Receive certified training and paid time off
- Access support and resources from a network of experts
- Get your voice heard via BMA campaigns

Ready to Join?

Becoming a BMA Rep is your chance to make a real impact. Whether you're interested in leading, supporting, or simply staying connected, there's a role for you to join your local team.

For more information or to apply simply scan the QR code and register for your preferred role, Contact your BMA region and they will put you in touch with a BMA officer.



**Expression of
interest form
– becoming
a BMA LNC
Representative**



**Expression of
interest form
– becoming a
BMA Workplace
Activist**



**Sign up here to
become a BMA
active member**