



**BMA**

**Join the BMA Reps and Activist Network!**

**Organise | Recruit | Empower**



British Medical Association  
bma.org.uk

Are you passionate about improving the workplace for doctors and ensuring members' voices shape the future of our union? The **British Medical Association (BMA)** is calling for motivated members to join our team as **BMA representatives and activists**.

We offer three pathways for involvement depending on your interests, availability and commitment.



## Who Can Become a Rep?

We welcome all members to take on key roles in supporting your colleagues and influencing workplace policies. Choose the role that best suits you and your needs:

1

## BMA LNC Reps

**Role:** Take a leading role in representing doctors as part of the core Local Negotiating Committee (LNC).

**Commitment:** Active participation in LNC activities, including pre-meetings and joint management meetings (JLNC).

**Training:** This important role will receive face-to-face training and paid time off work to attend training and participate in meetings.

### Responsibilities:

- Act as an accredited BMA representative for your workplace and our local members.
- Participate in negotiating better local workplace policies.
- Campaign to improve the local working conditions for doctors
- Assist doctors in raising and resolving local issues.
- Encourage doctors to join the BMA and increase our collective strength.

**Ideal for:** Members ready to take on a core representative role with full LNC training and support. Dependant on the needs of your LNC and available seats.

## 2 BMA Workplace Activists

**Role:** Be the voice of your colleagues and champion local campaigns and initiatives.

**Commitment:** Flexible involvement – no need to join the Local Negotiating Committee (LNC).

### **Responsibilities:**

- Support BMA campaign activities, speak to members and arrange local workplace meetings.
- Advocate for colleagues and highlight any workplace issues to LNC reps.
- Encourage doctors to join the BMA and increase our collective strength.
- Complete online training to gain accreditation for paid time-off and trade union rights.

**Ideal for:** Members who want to make a difference and support the BMA campaigns but choose not to/are unable to join the LNC.

Members who are involved in a BMA Branch of Practice committee or other areas of the BMA and would like their activism recognised.

## 3 Active BMA Members

**Role:** Stay connected and engaged with the BMA without formal accreditation or training.

**Commitment:** Participate in activities at your own pace.

### **Responsibilities:**

- Provide feedback to the LNC reps on workplace issues.
- Share BMA communications and information.
- Support campaigns and encourage new members.

**Ideal for:** Members who want to stay involved but prefer a lighter level of commitment.



## Why Become a BMA Rep or Activist?

If you're still unsure, here are some great reasons why you should:

- An opportunity to make positive change to the lives of your colleagues
- Help to build a strong union
- Influence policy and working conditions locally, regionally, and nationally
- Become a workplace leader and develop your leadership skills
- Receive certified training and paid time off
- Access support and resources from a network of experts
- Get your voice heard via BMA campaigns

## Ready to Join?

Becoming a BMA Rep is your chance to make a real impact. Whether you're interested in leading, supporting, or simply staying connected, there's a role for you to join your local team.

For more information or to apply, contact your BMA region and they will put you in touch with a BMA officer.



*Take the first step  
today become a  
voice for doctors,  
by doctors!*

