

Reading list: Taking control of your career

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1 Description

- This tailored reading list includes signposted web links, links to e-Books held by the BMA library, and journal articles on the topic of **Taking control of your career** as a supplement to the Learning and Development webinar you attended on 11 January 2024.
- The selected content is representative of the current literature on this topic, inclusion on this list does not imply endorsement from the BMA.
- If you would like to request a literature search on any aspect of this topic please fill out a [request form](#) (this service is available to BMA Members only).
- This reading list prioritises online content to ensure all attendees can benefit from this supporting resource. However most full text links will be accessible to BMA Members only. Find out more about [the benefits of BMA Membership](#) and [join here](#).
- The BMA Library prioritises an e-first approach, however if you are near BMA House in London, we have a modern, purpose-built library space where members are welcome to come and study. Find out more and see how we can help you [here](#).

2 Obtaining full text articles

2.1.1.1 Full text links

If available, the full text link has been included.

2.1.1.2 Search for Journals

The BMA Library provides access to thousands of e-journals for all BMA members. Use our [journal search](#) or [search by citation](#) options on the library website.

2.1.1.3 Article Requests

Members can use our article request service to request digital copies of articles that are not available in our library collections. We will try to obtain these copies from other libraries in the UK on your behalf for a fee: £5.10 (+VAT) for the first ten article requests; £13 (+VAT) for all subsequent requests. To request digital copies of articles, use the [order an article form](#) on the library website (you must be signed in).

2.1.1.4 E-Books

We provide free, direct access to thousands of e-books for BMA members.

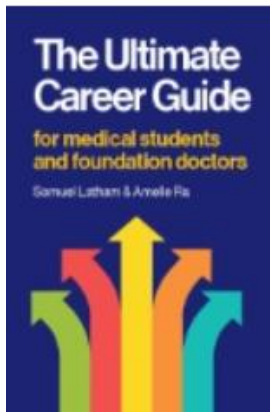
2.1.1.5 Further help

For any further help with getting full text articles, please contact the BMA Library Team (bma-library@bma.org.uk)

3 Results

Results

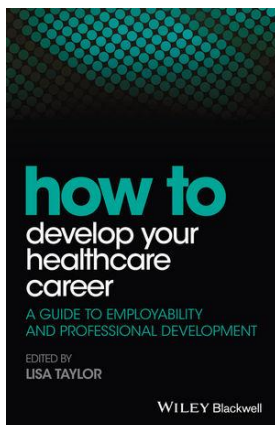
3.1 e-Books



Latham, S. & Ra, A. **The Ultimate Career Guide: For medical students and foundation doctors.** Banbury: Scion Publishing, 2021.

Available online [here](#)

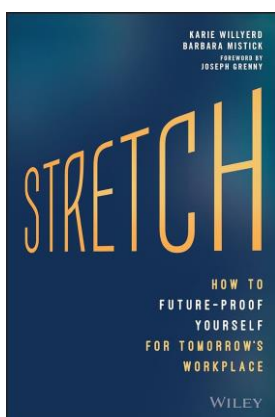
This guide is designed to enhance the employability of prospective and current doctors. Whether you are a sixth-form student who has just received an offer to study medicine, or whether you're a junior doctor looking to take the next step towards your chosen specialty, this guide can be used to help you achieve your career goals.



Taylor, Lisa E. **How to Develop Your Healthcare Career: A Guide to Employability and Professional Development.** 1st ed. Newark: Wiley, 2016.

Available online [here](#)

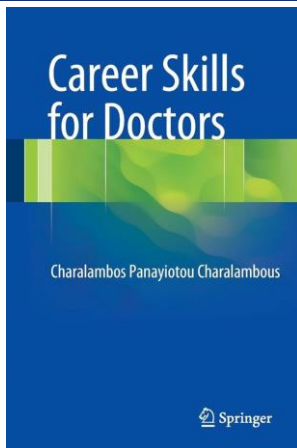
An informative guide to all key aspects of employability for graduating students, educators, managers, and qualified healthcare professionals. Aims to maximise the employability potential of healthcare professionals and assist in managing career progression. Includes potential interview questions, reflection opportunities, and case studies.



Karie Willyerd, Barbara Mistick. **Stretch: How to Future-Proof Yourself for Tomorrow's Workplace.** 1st ed. Newark: Wiley, 2016.

Available online [here](#)

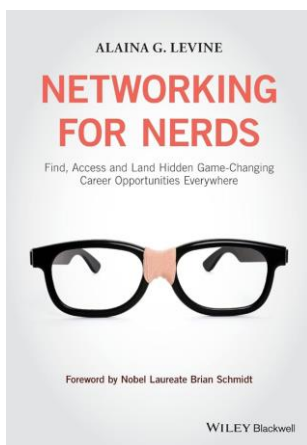
Offers evidence-based guidance on obtaining the skills you will need to thrive in tomorrow's workplace. Built on solid, global research and dozens of personal interviews with people who have achieved new and inspiring goals, it provides advice, valuable insights, anecdotes, and recommendations to help you achieve your goals.



Charalambous, Charalambos Panayiotou. **Career Skills for Doctors**. 2015. Cham: Springer International Publishing, 2015.

Available online [here](#)

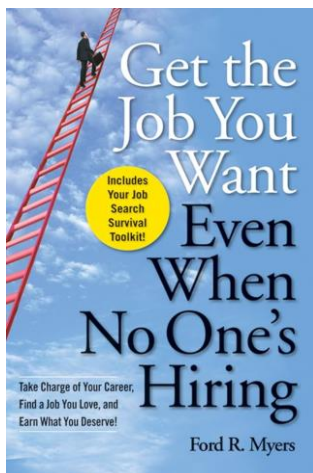
This book presents tips on how to improve your day-to-day workplace performance, be efficiently productive, be an inherent part of the team, and how to shine and impress. It also provides advice on how to prepare for postgraduate exams, develop essential technical skills and successfully participate in research.



Levine, Alaina G. **Networking for Nerds : Find, Access and Land Hidden Game-Changing Career Opportunities Everywhere**. 1st ed. Newark: John Wiley & Sons, Inc, 2015.

Available online [here](#)

Provides a step-by-step guide to accessing hidden professional opportunities through networking. With an emphasis on practical advice on how and why to network, you will learn how to formulate and execute a strategic networking plan that is dynamic, multidimensional, and leverages social media platforms and other networking channels.



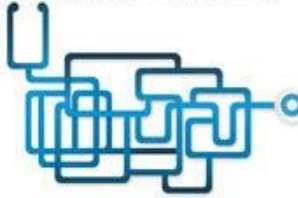
Myers, Ford R. **Get The Job You Want, Even When No One's Hiring: Take Charge of Your Career, Find a Job You Love, and Earn What You Deserve**. 1st ed. Newark: Wiley, 2009.

Available online [here](#)

Explains the special strategies necessary to get a job during an economic crisis, integrating comprehensive, practical guidance on both job search and career management. An extensive online "Job Search Survival Toolkit" is provided to augment the book, addressing the realities of the job market with real-world, actionable steps.



MAKING THE MOST OF
YOUR MEDICAL CAREER
MAXIMISING YOUR CHANCES OF SUCCESS



DAVID MCGOWAN AND HELEN SIMS
Foreword by DR INAM HAQ



McGowan, David et al. **Making the Most of Your Medical Career: Maximising Your Chances of Success.** 1st ed. London: CRC Press LLC, 2014.

Available online [here](#)

A comprehensive information source which covers all aspects of job application and medical careers. It offers ways to identify important opportunities to improve your CV, and to develop your portfolio, as well as innovative methods to successfully market yourself.

Leadership Advice from the World's Greatest Coaches

COACH ME!
YOUR PERSONAL BOARD OF DIRECTORS

Edited by
Brian Underhill
Jonathan Passmore
Marshall Goldsmith



Passmore, Jonathan, Brian Underhill, and Marshall Goldsmith. **Coach Me! Your Personal Board of Directors.** Wiley, 2022.

Available online [here](#)

Each curated piece explores a critical issue in leadership, including transition management, execution, and career development.

3.2 Web links

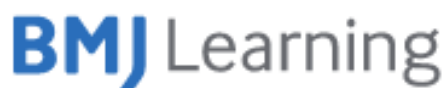


British Medical Association (BMA)

Specialty explorer

Get help with making an informed choice about what kind of doctor you would like to be. Specialty explorer is a tool for BMA members that matches you with medical specialties that suit your preferences.

Available online [here](#)

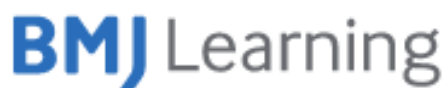


BMJ Learning

Career development collection

These modules support your career planning and decision-making, from early to late career, and during key transition stages. Helpful tips around CV construction and interview preparation complement learning on in-work employability strategies, and how to boost your professional profile.

Available online [here](#)



BMJ Learning

Career development for IMGs collection

This collection has been designed to help overseas qualified doctors better understand opportunities for advancing their careers in the UK.

Available online [here](#)



NHS Health Careers

Career planning resources

Advice and tips on how you can help yourself in your career progression or supporting others take the next step.

Available online [here](#)



NHS Leadership Academy

NHS career management guide

Includes guidance on job searching and application, and interview techniques.

Available online [here](#)



elearning for healthcare

Career planning for healthcare professionals

This elearning programme is aimed at healthcare professionals who are in the early stages of their careers. It is designed to encourage exploration of career options, within healthcare, to support you in achieving your career goals.

Available online [here](#)



NHS Elect

Fundamentals of career management

A series of short videos which includes support for preparing your CV, preparing for and participating in interviews, and advice and guidance for managing your career effectively.

Available online [here](#)

3.3 Google Scholar



allintext:(tips OR guidance OR confidence OR success OR focus OR structure OR control) ("career planning" OR "career management" OR "career transitions" OR "career possibilities") (doctors OR clinicians OR "health professionals" OR NHS) -medline -embase -nurses -nursing

Click link to see [Google Scholar results](#)

BMA members can follow the instructions set out in [this library blog post](#) to directly access the full text of any of the Google Scholar articles that the BMA library has a subscription to (you only need to follow these instructions once).

*Please note that as Google Scholar results are ordered by relevance, the first few pages of results will be the most useful.