#### **BMA residents**



# Your pay is down by 22%.

#### Resident doctors' change in basic pay in real terms since 2008/09, using RPI inflation



## Doctors, know your worth.

# The Government has proposed a pay award of 2.8% – another real terms pay cut.

#### That's just 49p extra an hour for an FY1.

#### What pay restoration will mean for you\*

	Hourly (National Living Wage: £11.44 per hour, rising to £12.21 per hour from April 2025).		
Training grade	Current (2024/25)	2.8% pay rise	FPR 25/26
FY1	£17.56	£18.05	£22.49
FY2	£20.14	£20.70	£25.81
CT1-2/ST1-2/SpR1-2	£23.93	£24.60	£30.66
CT3/ST3-5/SpR3-5	£29.64	£30.47	£37.98
ST6-8/SpR6-8	£33.77	£34.72	£43.27

\* Would restore pay erosion calculated from 2008/09 – 2024/25 in 2025/26.

We need to hold the Government to its word. Your strikes began the fight to reverse 15 years of pay erosion.

## But the fight's not over.

Get ballot ready before the pay review recommendation is published in April. If it's late or the offer isn't good enough, we will ballot to strike again.

## Update your details.



Keep your BMA account up to date so we're ready to ballot again when it's time.

**BMA LOGIN** 

## Join the BMA



Join the BMA now.

JOIN

