

### Streamlined Energy and Carbon Reporting (SECR) – 2024 reporting year

#### Context

The BMA is committed to enhancing our approach to carbon and environmental reporting, to ensure a rigorous and transparent approach to tracking environmental performance and the delivery of our carbon targets. We are committed to reducing our environmental impact and are constantly reevaluating our practices to reduce our carbon footprint further.

This document outlines the principles, methodologies and assumptions used for evaluating and reporting the BMA's carbon emissions and energy consumption for 2024.

## Carbon and energy reporting

The British Medical Association (BMA) operates in four office locations: London (BMA House), Cardiff, Belfast, and Edinburgh. The offices in Cardiff and Belfast are both in fully serviced office spaces.

In 2024, refurbishments at BMA House were planned with minimal waste in mind, ensuring that the highest sustainability standards were met. Spaces around BMA House received a makeover featuring eco-friendly carpet reuse and furniture provided by sustainable manufacturers.

We have teamed up with Planet Mark and now offer a complimentary carbon calculator to clients booking their events at BMA House. This helps them to understand the environmental impact of their events and encourages them to make sustainable choices, helping us to drive down our carbon footprint.

The BMA is supporting its members to challenge professional sanctions which have been placed on them for convictions received in relation to their participation in peaceful climate protest. We are concerned that, if such rulings against doctors continue, it will send a message to other doctors about the regulation of matters not directly related to patient care or their clinical skills and raises serious questions about the rules behind the handling of such cases.

In January 2024, the BMA had a fleet of 10 company cars and 46 grey fleet vehicles (staff who receive an allowance for using their own car), while in December 2024 this was 7 company cars and 51 grey fleet vehicles. Any member of staff can claim mileage as a business expense if they use their car for a relevant business journey (except for commuting). Though not employed by the BMA, we have included mileage claimed by BMA committee members in our reporting. Since its launch in June 2023, 18 staff members have taken up the salary sacrifice benefit to lease electric vehicles, with six new joiners to scheme in 2024.

Energy Source	Consumption	Scope	Emissions calculation
Gas Oil (ULS Gas Oil) total kWh (kilowatt-	<b>18881.94</b> litres total	Scope 1	<b>202829.80</b> kWh * <b>0.25649</b> (2024 fuels, gas oil conversion factor gross CV to kg CO2e) = <b>52023.82</b>
hours) used for the year, taken from oil	<b>18881.94</b> * <b>10.742</b> (2024 conversion rate kWh/l)		kgCO2e
consumption reports for the British	= <b>202829.80</b> Gross CV		52.024 tCO2e



Energy Source	Consumption	Scope	Emissions calculation
Medical Association and the British Medical Journal (BMA House)	<b>202829.80 kWh</b> (gross CV (calorific value))		
ctBurning Oil (Premium Boiler Heat)  total kWh (kilowatt- hours) used for the year, taken from gas bills for the British Medical Association and the British Medical Journal (BMA House)	91349.81 litres total 91349.81*10.294 (2024 conversion rate kWh/l) = 940354.94 Gross CV 940354.94 kWh (gross CV (calorific value))	Scope 1	940354.94 kWh *0.24677 (2024 fuels, burning oil conversion factor gross CV to kg CO2e) = 232051.39 kgCO2e  232.051 tCO2e
Gas  total kWh (kilowatt- hours) used for the year, taken from gas bills for the British Medical Association (BMA House, Belfast and Edinburgh offices).	139487.61 kWh (gross CV (calorific value))	Scope 1	139487.61 kWh *0.1829 (2024 fuels, natural gas conversion factor gross CV to kg CO2e) = 25512.28  25.51 tCO2e
Some data for BMA House and Edinburgh offices was extrapolated from 2023 data as we have not yet received complete up-to-date billing information.			
Electricity total kWh used for the year, taken from the electricity bills for the British Medical Association (BMA House, Belfast, Edinburgh and Cardiff	<b>1487375.97 kWh</b> (gross CV)	Scope 2	1487375.97 kWh * 0.20705 (2024 UK electricity conversion factor to kgCO2e) = 307961.19 kgCO2e 307.96 tCO2e



Energy Source	Consumption	Scope	Emissions calculation
offices) and the British Medical Journal.			
Transport	Petrol <b>24419</b> miles * <b>1.23098</b> (2024 SECR kWh	Scope 1	SECR medium car passenger
BMA Staff company cars	pass & delivery vehicles medium car conversion factor to kWh) = <b>30059.30</b>		conversion) = <b>6605.34</b> kgCO2e
28638 miles in total	kWh (Net CV)		Total of petrol consumption = 6.61 tCO2e
for the year	Total of petrol		16020
We have defined medium diesel cars as	consumption = 30059.30 kWh		Diesel <b>511</b> miles * <b>0.23126</b> (2024 SECR small car passenger conversion) = <b>118.17</b> kgCO2e
diesel cars with an engine size of 1.6-2l.	Diesel <b>511</b> miles * <b>0.88759</b> (2024 SECR kWh pass & delivery vehicles small car conversion factors to kWh) = <b>453.56</b>		Diesel <b>1501</b> miles * <b>0.28526</b> (2024 SECR medium car passenger conversion) = <b>428.18</b> kgCO2e
	Diesel <b>1501</b> miles * <b>1.06822</b> (2024 SECR kWh		Diesel <b>318</b> miles * <b>0.43267</b> (2024 SECR large car passenger conversion) = <b>137.59</b> kgCO2e
	pass & delivery vehicles medium car conversion factor to kWh) = <b>1603.40</b> kWh (Net CV)		Total of diesel consumption = 683.94 kgCO2e
	Diesel <b>318</b> miles * <b>1.32</b> (2024 SECR kWh pass &		Total of diesel consumption = 0.68 tCO2e
	delivery vehicles large car conversion factor to kWh) = <b>419.76</b> kWh (Net CV)		Battery electric <b>904</b> miles * <b>0.06334</b> (2024 small car passenger conversion to kgCO2e) = <b>57.26</b> kgCO2e
	Total of diesel consumption = 2476.72 kWh		Battery electric <b>985</b> miles * <b>0.06837</b> (2024 medium car passenger conversion to kgCO2e) = <b>67.34</b>
			kgCO2e
	Battery electric <b>904</b> miles * <b>0.305586</b> (2024 SECR		Total of battery electric
	kWh pass & delivery vehicles small car		consumption = 124.60 kgCO2e
	conversion to kWh) = <b>276.</b> <b>25</b> kWh (Net CV)		Total of battery electric consumption = 0.12 tCO2e
	Battery electric <b>985</b> miles * <b>0.32994</b> (2024 SECR kWh pass & delivery vehicles		Total of all consumption = 7.41 tCO2e



Energy Source	Consumption	Scope	Emissions calculation
	medium car conversion to kWh) = <b>324.99 kWh</b>		
	Total battery electric consumption = 601.24 kWh		
	Total of all consumption = 33137.26 kWh (Net CV)		
Transport	Petrol <b>29529</b> miles * <b>0.99703</b> (2024 SECR kWh	Scope 3	Petrol <b>29529</b> miles * <b>0.23126</b> (2024 SECR small car business travel – land
total mileage for BMA committee members,	pass & delivery vehicles small car conversion factor		conversion) = <b>6828.88</b> kgCO2e
BMA staff, Chief Officers, personal cars reimbursed	to kWh) = <b>29441.30</b> kWh (Net CV)		Petrol <b>36187</b> miles * <b>0.28526</b> (2024 SECR medium car business travel – land conversion) = <b>10322.70</b> kgCO2e
<b>129420</b> miles in total for the year	Petrol <b>36187</b> miles * <b>1.23098</b> (2024 SECR kWh pass & delivery vehicles medium car conversion		Petrol <b>3099</b> miles * <b>0.43267</b> (2024 SECR large car business travel – land conversion) = <b>1340.84</b> kgCO2e
We have defined medium diesel cars as diesel cars with an	factor to kWh) = <b>44545.47</b> kWh (Net CV)		Total of petrol consumption = 18492.42 kgCO2e
engine size of 1.6-2I.	Petrol <b>3099</b> miles * <b>1.86949</b> (2024 SECR kWh pass & delivery vehicles large car conversion factor		Total of petrol consumption = 18.49 tCO2e
	to kWh) = <b>5793.55</b> kWh (Net CV)		Diesel <b>21088</b> miles * <b>0.22522</b> (2024 SECR small car business travel – land conversion) = <b>4749.44</b> kgCO2e
	Total of petrol consumption = <b>79780.32</b> kWh (Net CV)		Diesel <b>30423</b> miles * <b>0.2705</b> (2024 SECR medium car business travel – land conversion) = <b>8229.42</b> kgCO2e
	Diesel 21088 miles * 0.88759 (2024 SECR kWh pass & delivery vehicles small car conversion factor to kWh) = 18717.50 kWh		Diesel <b>5741</b> miles * <b>0.33362</b> (2024 SECR large car business travel – land conversion) = <b>1915.31</b> kgCO2e
	(Net CV)		Total of diesel consumption = <b>14894.17</b> kgCO2e
	Diesel <b>30423</b> miles * <b>1.06822</b> (2024 SECR kWh pass & delivery vehicles medium car conversion		Total of diesel consumption = 14.89 tCO2e
	factor to kWh) = <b>32498.46</b> kWh (Net CV)		Battery Electric vehicle <b>3353</b> miles * <b>0.07443</b> (2024 SECR average car



Energy Source	Consumption	Scope	Emissions calculation
	Diesel <b>5741</b> miles * <b>1.32</b> (2024 SECR kWh pass & delivery vehicles large car conversion factor to kWh) = <b>7578.12</b> kWh (Net CV)		business travel – land conversion) = 249.56 kgCO2e  Total of battery electric vehicle consumption = 0.25 tCO2e
	Total diesel consumption = 58794.075 kWh (Net CV)  Battery Electric Vehicle 3353 miles * 0 (2024 SECR kWh pass & delivery vehicles medium car conversion factor to kWh) = 0 kWh (Net CV)  Unknown 188353.33 miles * 1.11314 (2024 SECR kWh pass & delivery vehicles average car conversion factor to kWh) = 209663.63 kWh (Net CV)  Total of all fuel consumption = 348238.02 kWh (Net CV)		Unknown 188353.33 miles * 0.2686 (2024 average car business travel – land conversion) = 50591.70 kgCO2e  Total of unknown fuel source vehicle consumption = 50.59 tCO2e  Total of all fuel consumption = 84.23 tCO2e
Air travel total kilometres for BMA staff, chief officers, and some BMA committee members	Average passenger domestic, to/from UK 154999 km  Economy class short-haul, to/from UK 22552 km  Business class long-haul, to/from UK 18337 km.  Total of all air travel = 195888 km		Average passenger domestic, to/from UK 154999 km * 0.27257 (2024 with RF conversion factor) = 42248.077 kgCO2e  Total average passenger domestic, to/from UK = 42.25 tCO2e  Economy class short-haul, to/from UK 22552 km * 0.18287 (2024 with RF conversion factor) = 4124.084 kgCO2e  Total economy class short-haul, to/from UK = 4.12 tCO2e  Business class long-haul, to/from 18337 km * 0.58028 (2024 with RF



Energy Source	Consumption	Scope	Emissions calculation
			conversion factor) = <b>10640.59</b> kg CO2e
			Total business class long-haul, to/from UK = 10.64 tCO2e
			Total air travel = 57.01 tCO2e
Rail travel total kilometres for	National rail 541497 km  Total of all rail travel =	Scope 3	National rail <b>541497</b> km * <b>0.03546</b> (2024 National rail passenger conversion) = <b>19201.48</b> kgCO2e
BMA staff, chief officers, and some BMA committee members	541497 km		Total of National rail = 19.20 tCO2e
Hotel stay	295 UK nights per room		295 UK nights per room * 10.40 (2024 UK conversion factor) = 3068
total kilometres for BMA staff, chief officers, and some BMA committee	287 UK (London) nights per room		kgCO2e  Total of UK nights = 3.068 tCO2e
members  2 nights were spent	7 Belgium nights per room  1 France night per room		<b>287</b> UK (London) nights per room * <b>11.50</b> (2024 UK (London) conversion factor) = <b>3300.50</b> kgCO2e
in Helsinki. This has not been included as no conversion factor	12 Germany nights per room		Total of UK (London) nights = 3.30 tCO2e
was provided.	Total of all hotel stays = 604		<b>7</b> Belgium nights per room * <b>12.20</b> (2024 Belgium conversion factor) = <b>85.40</b> kgCO2e
			Total of Belgium nights = 0.085 tCO2e
			1 France night per room * 6.70 (2024 France conversion factor) = 6.70 kgCO2e
			Total of France nights = 0.0067 tCO2e
			12 Germany nights per room * 13.2 (2024 Germany conversion factor) = 158.40 kgCO2e



Energy Source	Consumption	Scope	Emissions calculation
			Total of Germany nights = 0.16 tCO2e
			Total of all hotel stays = 6.62 tCO2e
Water supply  total cubic metres used for the year, taken from water bills for the British Medical Association (BMA House and Belfast offices) and the British Medical Journal.  Cubic metres for the Cardiff office were calculated using pro- rata extrapolation from the mean daily usage of metre readings from November 2023 to May 2024.  Some data for Edinburgh office was extrapolated from 2023 data as we have not yet received	6437.58 cubic metres total	Scope 3	6437.58 cubic metres * 0.15311(2024 UK Water supply conversion factor) = 985.66 kgCo2e  Total of water supply = 0.99 tCo2e
complete up-to-date billing information.			
BMA House is in a water stressed region according to the Water stressed areas – final classification 2021. We do not have information on our offices in Cardiff or Edinburgh.			
Water treatment	7882.85 cubic metres total	Scope 3	<b>7882.85</b> cubic metres * <b>0.18574</b> (2024 UK Water treatment conversion factor) = <b>1464.16</b> kgCo2e



Energy Source	Consumption	Scope	Emissions calculation
total cubic metres taken from water bills for the British Medical Association (BMA House and Edinburgh offices) and the British Medical Journal.  Some data for BMA House and for the Edinburgh office was extrapolated from 2023 data as we have not yet received complete up-to-date billing information.  We do not have data from the offices in Cardiff or Belfast.			Total of water treatment = 1.46 tCO2e
Material use  total tonnes taken from report generated by external printing company.  For BMA offices in London, Belfast, Cardiff and Edinburgh, the data comes from an external printing company. The data does not include printing in BMA offices, or printing done by the BMJ, which we would anticipate to be substantial.	Primary material production paper 25.69 tonnes  Primary material production electrical items – IT 1.13 tonnes		25.69 tonnes primary material production paper * 1339.31834 (2024 UK material use – Paper and board: Paper) = 34405.75 kgCO2e  Total of paper usage = 34.41 tCO2e  1.13 tonnes primary material production electrical items * 24865.47556 (2024 UK material use – Electrical Items) = 28077.35  Total of electrical items usage = 28.077 tCO2e  Total of material usage = 62.48 tCO2e
Waste The data only includes waste	Organic food and drink waste <b>9.41</b> tonnes (combustion)		Organic food and drink waste <b>9.41</b> tonnes * <b>6.41061</b> (2024 SECR tonnes



Energy Source	Consumption	Scope	Emissions calculation
disposed from BMA House.	Paper and board mix <b>3.66</b> tonnes (closed-loop)		combustion conversion factor to kgCO2e) = <b>60.32</b>
	Paper and board mix <b>5.96</b> tonnes (combustion)		Total organic food and drink waste tCO2e = 0.060
	Total paper and board mix tonnes = 9.62 tonnes		Paper and board mix <b>3.66</b> tonnes * <b>6.41061</b> (2024 SECR tonnes closed
	Average plastics <b>15.90</b> tonnes (open-loop)		loop conversion factor to kgCO2e) = 23.47
	Average plastics <b>5.30</b> tonnes (closed-loop)		Paper and board mix tCO2e (closed loop) = 0.023
	Total average plastics = 21.20 tonnes		Paper and board mix <b>5.96</b> tonnes * <b>6.41061</b> (2024 SECR tonnes combustion conversion factor to
	Glass <b>5.26</b> tonnes (closed-loop)		kgCO2e) = <b>38.20</b>
	1000)		Paper and board mix tCO2e (combustion) = 0.038
			Total paper and board mix tCO2e = 0.062
			Average plastics <b>15.90</b> tonnes * <b>6.41061</b> (2024 SECR tonnes open loop conversion factor to kgCO2e) = <b>101.92</b>
			Total average plastics tCO2e (open loop) = 0.10
			Average plastics <b>5.30</b> tonnes * <b>6.41061</b> (2024 SECR tonnes closed loop conversion factor to kgCO2e) = <b>33.97</b>
			Total average plastics tCO2e (closed loop) = 0.034
			Total average plastics tCO2e = 0.14
			Glass <b>5.26</b> tonnes * <b>6.41061</b> (2024 SECR tonnes closed loop conversion factor to kgCO2e) = <b>33.72</b>
			Total glass tCO2e = 0.034
			TOTAL waste tCO2e = 0.29
Total	3,151,423.60 kWh		857.25 tCO2e



Energy Source	Consumption	Scope	Emissions calculation
Intensity ratio	Emissions data (tCO2e) compared with an appropriate business activity		857.25 tCO2e/971.99 FTE member of staff* = 0.88 tCO2e per FTE member of staff

<sup>\*2024</sup> intensity ratio includes BMA Group staff members (BMA and BMJ).

## 2023 recalculation

Due to the BMA's commit to understand our consumption and emissions, in an effort to reach net-zero and to provide an accurate comparison with our previous year's consumption and emissions, we have decided to recalculate the additional areas we are reporting on in 2024. The calculations can be found below.

Energy source	Consumption	Scope	Emissions calculations
Waste	Organic food and drink waste	3	Organic food and drink waste 8.53
	8.53 tonnes (combustion)		tonnes * <b>21.2808072368763</b> (2023
The data only			SECR tonnes combustion conversion
includes waste	Paper and board mix 4.38		factor to kgCO2e) = <b>181.53</b>
disposed from	tonnes (closed-loop)		
BMA House.			Total organic food and drink waste
	Paper and board mix 4.66		tCO2e = 0.18
	tonnes (combustion)		
			Paper and board mix 4.38 tonnes *
	Total paper and board mix		<b>21.2808072368763</b> (2024 SECR
	tonnes = 9.05 tonnes		tonnes closed loop conversion factor
			to kgCO2e) = <b>93.26</b>
	Average plastics 8.89 tonnes		
	(open loop)		Paper and board mix tCO2e (closed
	Average plastics 9.84 tonnes		loop) = 0.093
	(combustion)		Paper and board mix <b>4.66</b> tonnes *
			<b>21.2808072368763</b> (2024 SECR
	Total average plastics = 21.20		tonnes combustion conversion
	tonnes		factor to kgCO2e) = <b>99.23</b>
	Glass 6.38 tonnes (closed-		Paper and board mix tCO2e
	loop)		(combustion) = 0.099
			Total paper and board mix tCO2e =
			0.19
			Average plastics <b>8.89</b> tonnes *
			<b>21.2808072368763</b> (2024 SECR
			tonnes open loop conversion factor
			to kgCO2e) = <b>189.18</b>
			Total average plastics tCO2e (open
			loop) = 0.19
			100h) - 0:13



Average plastics 9.84 tonnes \*
21.2808072368763 (2024 SECR tonnes combustion conversion factor to kgCO2e) = 209.47

Total average plastics tCO2e (combustion) = 0.21

Total average plastics tCO2e = 0.40

Glass 6.38 tonnes \*
21.2808072368763 (2024 SECR tonnes closed loop conversion factor to kgCO2e) = 135.77

Total glass tCO2e = 0.14

TOTAL waste tCO2e = 0.91

Table 1 – Comparison of GHG emissions and energy use: 2023 vs 2024

We have included the recalculated figures for 2023 below and the recalculated total gross emissions and intensity ratio.

UK Greenhouse gas emissions and energy use data for the period 1 January 2023 and 31 December 2023	Current reporting year 2024	Reporting year 2023 (including re-calculations)
Energy consumption used to calculate emissions (kWh)	3,151,423.60	3,196,898.48
<b>Scope 1</b> emissions in metric tonnes CO2e		
Gas oil	52.024	60.10
Burning oil	232.051	270.63
Gas	25.51	24.78
Company cars	7.41	10.31
Total Scope 1	317.00	365.82
Scope 2 emissions in metric tonnes CO2e		
Purchased electricity	307.96	276.90
Scope 3 emissions in metric tonnes CO2e		
Business travel in employee and member owned vehicles	84.23	81.39
Air travel	57.01	50.28
Rail travel	19.20	23.61
Hotel stay	6.62	5.35



Water supply	0.99	1.10
Water treatment	1.46	1.16
Material use	62.48	24.14
Waste	0.29	0.91
Total Scope 3 (based on the categories we are including)	232.28	187.94
Total gross emissions in metric tonnes CO2e	857.24	830.66
Intensity ratio Tonnes CO2e staff member	0.88	0.91

# Quantification and reporting methodology

We have followed the 2019 HM Government Environmental Reporting Guidelines.

To calculate our consumption and GHG emissions, we followed the GHG Reporting Protocol – Corporate Standard and used the 2024 UK Government's Conversion Factors for Company Reporting. We also used the 2024 UK Government's Conversion Factors for Company Reporting, to calculate litres of gas oil and burning oil into kWh.

Table 2 - GHG protocol scope

GHG protocol scope	Definition	
Scope 1 (Direct) GHG emissions	These are emissions that are from activities directly	
	controlled or owned by the BMA. This includes gas oil,	
	burning oil and gas, as well as company cars.	
Scope 2 (Energy indirect) emissions	These are emissions caused indirectly by the BMA. They are	
	a consequence of our energy use but come from sources	
	that we do not own or control. This includes purchased	
	electricity.	
Scope 3 (Other indirect) emissions	These are emissions caused indirectly by the BMA, that	
	come from sources we do not own or control but are not	
	classed as Scope 2 emissions. This includes all business	
	travel, water supply and water treatment, material use and	
	waste.	

### Source:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/850130/Env-reporting-guidance\_inc\_SECR\_31March.pdf

## Intensity measurement

The chosen intensity measurement ratio is total gross emissions in metric tonnes CO2e per FTE member of staff.



### Measures taken to reduce our environmental impact

- In 2024, BMA House has reduced its fuel oil consumption on the previous year by 14% through more efficient management of heating to unused spaces, helped by favourable weather conditions.
- At BMA House, as part of converting our surplus space for commercial letting, we have decoupled 18,000 sq ft from the existing heating and hot water system and installed new energy infrastructure supplied from renewable electricity sources. This new space is targeted at EPC B standard.
- We have compiled an assessment for phase 3 compliance of the Government's Energy Savings
  Opportunity Scheme. This calculates the group's total energy consumption and energy intensive
  ratios and identifies our areas of significant energy consumption. We have produced an ESOS
  action plan covering 2025-2027 and will be submitting progress reports on the action plan in
  December 2025 and December 2026.
- We have commissioned a high-level report for BMA House to feed into the decarbonisation objective of our five-year estates strategy, which will be adopted during 2025. The report will focus on our surplus office space and provide a target for energy reduction – this is for when we decouple this space from our existing heating and hot water systems and install new energy plant, which will use renewable energy sources.
- We have signed a new lease on our Cardiff office. As part of the new lease, we will be carrying out works in 2025 to convert all lighting to LED. This will result in reduced energy use as LEDs are more environmentally beneficial than traditional light bulbs. They do not contain hazardous materials, unlike CFLs, and their energy efficiency reduces greenhouse gas emissions from power facilities. It will also result in savings on energy expenses, with LED lighting having a lifespan of up to 25 times longer than incandescent illumination.
- BMA House offers meticulously planned menus that feature locally sourced, seasonal ingredients and exclude high-impact items like beef. Guests can enjoy ethical food that supports British farmers, minimises food miles, and champions low-impact choices. Additionally, surplus produce is incorporated into meals, creating a zero-waste approach to food preparation.
- BMA House's central location in Bloomsbury allows easy access via public transport, with
  Euston and Kings Cross stations nearby. We actively promote green travel, providing delegates
  with clean-air walking routes and information on sustainable travel options. For attendees
  seeking accommodation, BMA House partners with eco-certified hotels to provide
  environmentally friendly lodging.
- BMA House won several awards in 2024:
  - the London Venue and Catering awards for Sustainability Award for Venues
  - Green Tourism Gold Award
  - Greengage ECOsmart Platinum Award
  - Greengage INNERcircle Platinum Award
  - Greengage Best Venue Sustainability Initiative Gold Winner.
- During a recent refit in the BMA kitchen, some equipment which reached end-of-life has been replaced with sustainable and eco-friendly alternatives.