

# RESIDENT DOCTORS

## FIVE PRIORITIES FOR WELLBEING AT WORK



On-call designated parking spaces



Self-directed learning time (SDT or SPA) commensurate to the needs of each individual



The right to work from home to undertake portfolio and self-directed learning time (SDT or SPA)



Mess, rest facilities and lockers should be included in all hospitals including any new hospital builds



Access to an out-of-hours menu 24/7 that includes a hot meal and cold snacks for staff

**You told us about the specific things that would make the most difference to your everyday working lives.**

Find out more about how we are leading your campaign to bring change.

